

# ML FOR BRAIN ANOMALY DETECTION

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**Abstract**— The detection, segmentation, and classification of brain anomalies—ranging from malignant gliomas and metastatic tumors to ischemic strokes and demyelinating lesions—constitutes a foundational challenge in modern neuroradiology. While Magnetic Resonance Imaging (MRI) provides unparalleled soft-tissue contrast and volumetric insight, the manual interpretation of these complex, high-dimensional data streams is labor-intensive, subject to inter-observer variability, and increasingly unsustainable against the backdrop of rising global disease burden. This research report presents an exhaustive synthesis of the current state-of-the-art in machine learning (ML) paradigms applied to brain anomaly detection. We systematically evaluate the trajectory from supervised Convolutional Neural Networks (CNNs), which revolutionized semantic segmentation but remain constrained by the scarcity of voxel-level annotations, to the nascent domain of Unsupervised Anomaly Detection (UAD) leveraging Generative AI. Detailed methodological analyses are provided for emerging architectures, including Vision Transformers (ViTs) that capture long-range semantic dependencies, and Denoising Diffusion Probabilistic Models (DDPMs) that learn normative distributions of healthy anatomy to identify outliers. We critically assess benchmark performance across standard datasets such as BraTS2021, ATLAS, and the newly introduced NOVA and BMAD suites, highlighting the trade-offs between computational efficiency—where feature-adaptation networks like SimpleNet excel—and anatomical fidelity, where guided diffusion models like THOR dominate. Furthermore, we explore the implementation of hybrid systems like Swin-UNETR and Masked Bernoulli Diffusion, which attempt to reconcile the conflicting demands of 3D volumetric reasoning and GPU memory constraints. The report concludes that while supervised methods remain the gold standard for specific, well-characterized pathologies, the future of general-purpose neuro-diagnostics lies in self-supervised, foundation-model-driven approaches capable of generalizing to open-set clinical environments.

**Keywords**—Paradigms, Anamoly, self-supervised, neuro-diagnostics  
Computational efficiency, volumetric reasoning.

## 1. Introduction

### 1.1 The Global Burden of Central Nervous System Pathologies

The imperative for automated brain anomaly detection is driven by a profound and escalating global health crisis. Central Nervous System (CNS) pathologies represent a significant source of mortality and morbidity worldwide. According to 2024 global cancer statistics, the incidence of brain and CNS cancers reached approximately 321,731 cases, resulting in 248,500 deaths, ranking 12th in global cancer mortality.<sup>1</sup> While these tumors constitute less than 2% of all cancer cases, their impact is disproportionately severe due to their high mortality rates and the critical neurological deficits they induce.<sup>2</sup>

The burden is particularly acute regarding malignant primary brain tumors. Glioblastoma (GBM), the most aggressive and common primary malignancy in adults, accounts for approximately 45% of all primary malignant brain tumors and 16% of all primary brain tumors.<sup>3</sup> Despite aggressive therapeutic regimens involving surgical resection, radiotherapy, and chemotherapy (e.g., temozolomide), the prognosis remains grim, with a five-year survival rate hovering between 5% and 10%.<sup>3</sup> The situation is equally critical in pediatric populations, where brain tumors are the leading cause of cancer-related death, with approximately 5,230 new cases expected in the United States alone in 2023.<sup>3</sup> Beyond oncology, the spectrum of brain anomalies includes prevalent conditions such as ischemic stroke, Multiple Sclerosis (MS), and Traumatic Brain Injury (TBI). The detection of White Matter Hyperintensities (WMH), often precursors to stroke or indicators of vascular dementia, requires the identification of subtle textural changes that can easily be overlooked in early stages. The prevalence of CNS cancers and associated anomalies is projected to rise by 31.6% among adults aged 20–64 by 2050, driven by aging populations and improved diagnostic access.<sup>2</sup> This trajectory places an unsustainable load on the limited workforce of specialized neuroradiologists, necessitating the integration of Computer-Aided Diagnosis (CAD) systems to alleviate the "diagnostic bottleneck".<sup>5</sup>

## 1.2 The Diagnostic Bottleneck and Clinical Workflow

In current clinical practice, the diagnosis of brain anomalies relies heavily on the qualitative interpretation of MRI scans. Radiologists must mentally integrate information from multiple 2D sequences to form a 3D understanding of the pathology. This process is inherently subjective and prone to fatigue-induced errors. Studies indicate that manual analysis is time-consuming and susceptible to significant inter-observer variability, particularly when delineating the boundaries of diffuse tumors like low-grade gliomas or quantifying the volume of MS lesions.<sup>6</sup>

The complexity of the data further complicates this task. MRI is a multi-modal imaging technique, where different pulse sequences reveal distinct biological properties:

- **T1-weighted (T1w):** Provides excellent anatomical detail and gray-white matter differentiation.
- **T2-weighted (T2w):** Sensitive to water content, making it useful for detecting edema and inflammation.
- **Fluid-Attenuated Inversion Recovery (FLAIR):** Suppresses the signal from cerebrospinal fluid (CSF), enhancing the visibility of periventricular lesions and edema.<sup>7</sup>
- **T1-weighted Contrast-Enhanced (T1Ce):** Highlights the active tumor core where the blood-brain barrier has been compromised.

A radiologist must synthesize these modalities to distinguish between the enhancing tumor core, the non-enhancing peritumoral edema, and healthy necrotic tissue. The sheer volume of data generated by modern high-resolution scanners, often exceeding hundreds of slices per patient, makes manual voxel-level segmentation impractical for routine care.<sup>5</sup> This has created a clear mandate for Machine Learning (ML) solutions that can automate detection, segmentation, and classification with high sensitivity and specificity.

## 1.3 The Machine Learning Imperative

The integration of ML and Deep Learning (DL) into neuroimaging represents a fundamental shift from descriptive to predictive radiology. The objective is not merely to replicate human performance but to augment it by detecting patterns invisible to the human eye (radiomics) and providing quantitative metrics for longitudinal monitoring.<sup>8</sup>

Early CAD systems relied on traditional machine learning algorithms such as Support Vector Machines (SVMs), Random Forests (RF), and Artificial Neural Networks (ANNs).<sup>9</sup> These approaches depended heavily on "handcrafted features"—manually designed mathematical descriptors of texture, shape, and intensity (e.g., Gray Level Co-occurrence Matrices). While effective for simple classification tasks, they lacked the capacity to model complex, varying anatomical

structures and required extensive domain expertise for feature engineering.<sup>10</sup>

The advent of Deep Learning, specifically Convolutional Neural Networks (CNNs), removed the need for manual feature extraction. By learning hierarchical representations directly from the raw pixel data, DL models achieved state-of-the-art performance in semantic segmentation, exemplified by the success of the U-Net architecture in the Multimodal Brain Tumor Segmentation (BraTS) challenges.<sup>11</sup> However, as we will explore in this report, the reliance on large, annotated datasets has spurred a secondary revolution toward Unsupervised Anomaly Detection (UAD) and Generative AI, aiming to solve the "data scarcity" and "open-set" problems that plague supervised learning.<sup>13</sup>

## 2. Literature Survey: The Evolution of Architectures

The field of brain anomaly detection has traversed three distinct eras: the age of Supervised CNNs, the emergence of Vision Transformers, and the current frontier of Unsupervised Generative Models.

### 2.1 The Era of Supervised Convolutional Neural Networks (CNNs)

For the past decade, CNNs have been the dominant paradigm in medical image analysis. The core mechanism of a CNN involves convolving learnable filters over the input image to extract local features (edges, textures) which are then aggregated into high-level semantic representations.

The U-Net Standard:

The U-Net architecture, introduced by Ronneberger et al., remains the cornerstone of biomedical segmentation. Its symmetric encoder-decoder structure, linked by skip connections, allows the network to combine deep semantic information (from the encoder) with high-resolution spatial details (from the decoder).<sup>12</sup> Variants of U-Net, such as the 3D U-Net and V-Net, were developed to handle volumetric MRI data directly, addressing the loss of z-axis context inherent in 2D slice-processing models.<sup>15</sup>

Recent systematic reviews from 2024 and 2025 emphasize that supervised CNN pipelines often combine segmentation with classification. For instance, models employing VGG-19 or ResNet-50 backbones have achieved classification accuracies exceeding 97% for differentiating between glioma grades or tumor types (meningioma vs. pituitary vs. glioma).<sup>8</sup> A study utilizing a pipeline of VGG combined with U-Net segmentation reported an accuracy of 97.44%, demonstrating the efficacy of cascading detection and segmentation tasks.<sup>16</sup>

Limitations of Pure CNNs:

Despite their success, CNNs suffer from a "locality bias." The receptive field of a convolutional operation is limited to the kernel size (typically 3x3), meaning the network struggles to model long-range dependencies across a large brain volume unless the network is extremely deep.<sup>18</sup> This limitation is critical in neuroimaging, where the spatial relationship between distant structures (e.g., bilateral symmetry of the ventricles) is a key indicator of anomaly.<sup>19</sup>

## 2.2 The Rise of Vision Transformers (ViTs)

To address the limitations of CNNs, the field has increasingly adopted Vision Transformers (ViTs). Originally designed for Natural Language Processing (NLP), Transformers utilize a self-attention mechanism that allows every element in a sequence to "attend" to every other element, regardless of distance. In vision, images are divided into patches (tokens), enabling the model to capture global semantic context.<sup>20</sup>

**Swin Transformers:**

The Swin (Shifted Window) Transformer has emerged as a preferred architecture for medical imaging. Standard ViTs suffer from quadratic computational complexity with respect to image size. Swin Transformers mitigate this by computing self-attention within local windows that shift between layers, creating a hierarchical representation with linear complexity.<sup>18</sup> This architecture is particularly well-suited for high-resolution MRI analysis.

- **Performance:** Recent studies employing Swin Transformers for brain tumor classification have reported accuracies of up to 99.0% on single datasets, outperforming classic ViT-b32 and ResNet models.<sup>22</sup>
- **Hybrid Models:** Recognizing that CNNs are superior at capturing low-level morphological details while Transformers excel at global context, hybrid architectures like **Swin-UNETR**, **TransBTS**, and **TransUNet** have been developed. These models use a Transformer encoder to extract global features and a CNN decoder to refine segmentation boundaries.<sup>15</sup>

### Advanced Transformer Variants (2024-2025):

- **RanMerFormer:** Proposed in 2024, this model uses a randomized token merging algorithm to reduce the computational redundancy of ViTs, addressing the high memory cost of processing 3D volumes.<sup>15</sup>
- **LCDEIT (Linear Complexity Data-Efficient Image Transformer):** Introduced to tackle the inductive bias and parameter dependency of standard ViTs, making it suitable for smaller medical datasets.<sup>15</sup>
- **Novel ViT with Hierarchical Multi-Scale Attention (HMSA):** A 2025 study demonstrated that this approach could achieve 98.7% accuracy in multi-class tumor classification, significantly surpassing EfficientNet and ResNet baselines.<sup>23</sup>

## 2.3 The Unsupervised Anomaly Detection (UAD) Revolution

The reliance of supervised models on vast, annotated datasets is a major bottleneck. Annotating a single 3D MRI volume requires hours of expert radiologist time. Furthermore, supervised models are subject to the "Closed-Set" limitation: a model trained on gliomas cannot detect a rare parasite or a novel stroke presentation.<sup>13</sup>

This has driven a paradigm shift toward **Unsupervised Anomaly Detection (UAD)**. The core philosophy of UAD is to learn the distribution of *healthy* brain anatomy (the "normative distribution"). During inference, any region that deviates significantly from this learned normality is flagged as an anomaly. UAD methods are broadly categorized into **Reconstruction-based** and **Feature-based** approaches.<sup>24</sup>

### 2.3.1 Reconstruction-Based Paradigms

These models are trained to reconstruct healthy images. The hypothesis is that the model, having never seen pathology, will fail to reconstruct the anomalous region (e.g., a tumor), effectively "healing" the image. The anomaly is detected by computing the residual difference between the input scan and the model's reconstruction.

- **Autoencoders (AEs) & VAEs:** Early attempts used AEs to compress and reconstruct images. However, simple AEs often learned the "identity function," reconstructing the anomaly as well as the healthy tissue, leading to false negatives.<sup>21</sup>
- **Generative Adversarial Networks (GANs):** Architectures like **f-AnoGAN** and **GANomaly** utilized adversarial training to enforce more realistic reconstructions. While they improved image sharpness, GANs are notoriously unstable and prone to "mode collapse," where they fail to capture the full diversity of healthy anatomy.<sup>27</sup>
- **Denoising Diffusion Probabilistic Models (DDPMs):**

The current state-of-the-art in reconstruction. Diffusion models learn to iteratively denoise an image from pure Gaussian noise. By guiding this process toward the learned manifold of healthy brains, models can generate high-fidelity "pseudo-healthy" counterfactuals.

- **THOR (Temporal Harmonization for Optimal Restoration):** Presented at MICCAI 2024, THOR addresses the issue where diffusion models change the healthy anatomy (e.g., sulcal patterns) during reconstruction, causing false positives. It uses "implicit guidance" to harmonize the reconstruction with the original input, preserving healthy context.<sup>28</sup>
- **Cold Diffusion:** This recent innovation moves away from Gaussian noise, using "degradation" transformations (blur, mask) to better model the anomaly removal process.<sup>14</sup>

### 2.3.2 Feature-Based Paradigms

Instead of reconstructing the image pixel-by-pixel, feature-based methods map the image to an abstract feature space using pre-trained networks (like ResNet trained on ImageNet). They then analyze the density of these feature vectors.

- **SimpleNet:** A breakthrough architecture that freezes a pre-trained feature extractor and trains a simple "feature adapter" to map MRI features to a compact target distribution. It creates synthetic anomalies by injecting Gaussian noise into the *feature space*, training a discriminator to distinguish healthy features from noisy ones. This method is orders of magnitude faster than reconstruction methods.<sup>30</sup>
- **PatchCore:** Stores a "memory bank" of healthy feature patches and detects anomalies via Nearest Neighbor search. While accurate, the memory bank grows linearly with dataset size, posing scalability issues.<sup>25</sup>

### 3. Methodology: Technical Analysis of Architectures and Pipelines

To deeply understand the comparative advantages of these approaches, we must dissect the engineering methodologies that underpin them. This section details the standard preprocessing pipelines and the architectural mechanics of the most significant recent algorithms.

#### 3.1 Data Curation and Preprocessing Pipelines

Before any deep learning model can process brain MRI data, a rigorous preprocessing pipeline is essential to ensure data consistency. Variations in patient orientation, scanner magnetic field inhomogeneity, and the presence of non-brain tissues can introduce artifacts that unsupervised models might mistake for biological anomalies.

A standard preprocessing pipeline, as employed in benchmarks like BraTS and recent studies<sup>16</sup>, typically involves the following steps:

1. **De-Oblique and Re-orientation:** MRI scans are often acquired at oblique angles to optimize the field of view. Algorithms must first align the volume to a standard anatomical axis (e.g., RPI: Right-Posterior-Inferior) using tools like AFNI's 3dresample or FSL.<sup>32</sup>
2. **Image Registration:** To analyze multi-modal data (T1, T2, FLAIR), all sequences must be co-registered to the same spatial grid. Furthermore, for population-level learning, scans are often registered to a standard atlas space (e.g., MNI152).<sup>32</sup>

3. **Bias Field Correction:** Magnetic field inhomogeneity causes low-frequency intensity variations across the image (e.g., the center is brighter than the edges). Algorithms like N4ITK are used to correct this, ensuring that tissue intensity is consistent.<sup>32</sup>
4. **Skull Stripping:** Non-brain tissues (skull, eyes, scalp) usually have high intensity and can confuse detection algorithms. Tools like HD-BET or U-Net based strippers remove these non-relevant voxels.<sup>32</sup>
5. **Intensity Normalization:** Unlike CT scans which use absolute Hounsfield Units, MRI intensity values are relative. Z-score normalization (subtracting mean, dividing by standard deviation) or histogram matching is critical to ensure the model sees consistent numerical ranges across different patients.<sup>16</sup>

#### 3.2 Feature-Based Architectures: The Mechanics of SimpleNet

SimpleNet<sup>31</sup> challenges the complexity of generative models by demonstrating that simple feature adaptation can achieve state-of-the-art results.

- **Feature Extraction:** The model utilizes a pre-trained backbone (e.g., ResNet50) to extract local features from the input image. These features encapsulate texture and shape information but are biased toward the domain they were trained on (usually ImageNet).
- **Feature Adapter:** A key innovation is the "Feature Adapter," a shallow neural network that projects these raw features into a target-specific space (the "healthy MRI" manifold). This reduces domain bias.
- **Anomalous Feature Generator:** Instead of creating synthetic anomaly images (which is difficult to do realistically), SimpleNet adds Gaussian noise to the feature vectors.

This is based on the intuition that anomalies in image space (tumors) map to outliers in feature space. By filling the space around the healthy manifold with noise, the model learns a tight decision boundary.

- **Discriminator and Truncated L1 Loss:** A simple Multi-Layer Perceptron (MLP) acts as a discriminator. It is trained using a specific **Truncated L1 Loss** function, which prevents the model from over-penalizing outliers during training, resulting in a more robust decision boundary.<sup>31</sup>



### 3.3 Generative Architectures: The Mechanics of THOR and Bernoulli Diffusion

Reconstruction-based methods have evolved from simple Autoencoders to complex Diffusion Models to improve the quality of the "pseudo-healthy" reference.

THOR (Temporal Harmonization for Optimal Restoration):

THOR addresses the "hallucination" problem where a diffusion model, given a patient's scan, reconstructs a healthy brain that looks anatomically different (e.g., different ventricle size) even in healthy regions. This mismatch creates false positives in the difference map.

- **Implicit Guidance:** THOR modifies the reverse diffusion process. At each denoising step  $t$ , it compares the current noisy prediction  $x_t^{\text{pred}}$  with the original noisy input  $x_t^{\text{input}}$ .
- **Harmonization Mask:** It calculates a difference mask:  $\text{Mask}_t = |x_t^{\text{pred}} - x_t^{\text{input}}| > \tau$ .
- **Selective Restoration:** For regions where the difference is low (likely healthy tissue), the model is forced to keep the information from the original input. For regions with high difference (potential anomaly), the generative model is allowed to "heal" the image. This technique, termed "harmonization," ensures pixel-perfect alignment in healthy areas.<sup>28</sup>

#### Masked Bernoulli Diffusion:

A major barrier to clinical adoption of diffusion models is speed; standard DDPMs require hundreds of iterations, taking nearly a minute per slice. Masked Bernoulli Diffusion moves the process into a binary latent space to solve this.<sup>34</sup>

1. **Binarization:** An autoencoder compresses the image into a binary latent code.
2. **Bernoulli Noise:** Instead of Gaussian noise, the model uses Bernoulli noise (bit flipping).
3. **Masking:** During denoising, the model identifies bits with a high probability of flipping. High flipping probability implies the bit is unstable or "surprising" given the learned context of a healthy brain—i.e., it represents a tumor. These bits are masked and regenerated, while stable bits are preserved.
4. **Result:** This approach reduces inference time from ~50 seconds to ~5 seconds and memory usage from ~4GB to ~1.5GB, making it feasible for 3D analysis.<sup>36</sup>

Vision-Guided Diffusion Model (VGDM):

VGDM attempts to fix the "locality" issue of standard U-Nets used in diffusion. It replaces the standard Convolutional U-Net backbone of the diffusion model with a Swin Transformer. As the diffusion process removes noise, the

Swin Transformer blocks compute self-attention across the entire volume (or large windows), allowing the model to capture global symmetry and long-range dependencies that CNNs miss.

### 3.4 Hybrid Transformer Architectures: Swin-MAE

The **Ano-swinMAE** (Swin Transformer-based Masked Autoencoder) represents the convergence of Transformer power with self-supervised learning.

- **Masking Strategy:** During training on healthy data, random patches of the brain are masked out. The Swin Transformer must reconstruct these missing patches based on the visible context.
- **Inference:** When a pathological image is fed in, the model reconstructs the image. Because it has only learned to reconstruct *healthy* patterns from context, it fails to reconstruct the tumor accurately (replacing it with healthy tissue), thus revealing the anomaly in the residual map. The "Shifted Window" mechanism of the Swin block ensures that the model learns both local texture and global structure.<sup>21</sup>

## 4. Results: Comparative Analysis of State-of-the-Art

The evaluation of these advanced architectures is grounded in rigorous benchmarking. The introduction of the **BMAD (Benchmarks for Medical Anomaly Detection)** suite<sup>7</sup> and the **NOVA** benchmark<sup>39</sup> has provided standardized metrics for comparison.

### 4.1 Benchmark Metrics and Datasets

Evaluation relies on three primary metrics:

- **Image AUROC:** Area Under the Receiver Operating Characteristic curve for *detection* (Is the image anomalous?).
- **Pixel AUROC:** For *localization* (Which pixels are anomalous?).
- **Pixel-Pro:** A region-weighted metric that penalizes models for missing large connected components of a lesion, providing a better proxy for clinical utility than simple pixel accuracy.<sup>27</sup>

Standard datasets include **BraTS2021** (High-grade gliomas, large anomalies), **ATLAS** (Stroke lesions), and **MSLUB** (Multiple Sclerosis, small/subtle lesions).

### 4.2 Performance Analysis on Brain MRI (BraTS & ATLAS)

Table 1: Comparative Performance of UAD Algorithms on BraTS2021 (T2-FLAIR)

Data synthesized from BMAD benchmarks<sup>27</sup> and MICCAI 2024 findings.<sup>14</sup>

SimpleNet achieves a remarkable Pixel AUROC of 94.76% on BraTS, significantly outperforming generative models like

DRAEM (82.29%). This suggests that for identifying where a tumor is, feature adaptation in a pre-trained space is superior to pixel-level reconstruction. Feature-based methods leverage the powerful, multi-scale representations of the ImageNet-trained backbone, which are robust to texture variations.

Algorithm Category	Model	Image AUROC (Detection)	Pixel AUROC (Localization)	Pixel-Pro (Segmentation)	Inference Speed
Generative (GAN)	F-AnoGAN	77.26%	N/A	N/A	Slow
Generative (AE)	DRAEM	62.35%	82.29%	63.76%	Moderate
Feature-Based	DeepSVDD	86.98%	N/A	N/A	Fast
Feature-Based	SimpleNet	82.52%	94.76%	78.38%	Very Fast (77 FPS)
Diffusion	DDPM (Standard)	80.15%	88.50%	~65%	Very Slow (50s/sample)
Diffusion	THOR	85.40%*	93.10%*	~70% (Dice)	Slow
Latent Diffusion	Masked Bernoulli	83.0% (est)	91.5% (est)	High PSNR	Fast (5s/sample)

Analysis of Results:

1. Dominance of Feature-Based Methods in Localization:
2. The "Exactitude" of Diffusion for Segmentation:

While Feature-based methods are good at finding the lesion, Diffusion models like THOR are superior at delineating it. In stroke lesion segmentation (ATLAS dataset), THOR achieved a Dice score of 63.64 for large lesions, a 34% improvement over standard DDPMs. The harmonization technique allows THOR to preserve the intricate sulcal patterns of healthy tissue, reducing false positives that plague AE-based methods (which often blur the cortex).<sup>28</sup>

3. Efficiency vs. Accuracy Trade-off:

There is a massive computational disparity. SimpleNet operates at 77 Frames Per Second (FPS) on a standard GPU, making it viable for real-time video or rapid triage. In contrast, standard AnoDDPM requires ~50 seconds per sample. However, the innovation of Masked Bernoulli Diffusion has bridged this gap, offering diffusion-quality reconstruction in 5 seconds with only 1.47 GB of memory, presenting a potential "best of both worlds" solution for 3D clinical workflows.<sup>36</sup>

4. The Small Lesion Challenge:

Performance varies drastically by anomaly size. While models score high on BraTS (large tumors), they struggle with MSLUB (small MS lesions). Feature-based methods often lose the resolution required for small lesions due to the downsampling in the backbone network. Specialized architectures like Swin-MAE, which maintain hierarchical resolutions, are being investigated to address this "small lesion gap".<sup>21</sup>

5. Challenges and Limitations

Despite high benchmark scores, significant barriers prevent the immediate clinical deployment of these systems.

5.1 The "Black Box" of Normative Distributions and Domain Shift

UAD models rely on learning a "Normative Distribution" of healthy brains. However, "healthy" is a fluid concept affected by age, ethnicity, and scanner protocols. A model trained on healthy young adults will flag the enlarged ventricles of a healthy 80-year-old as an anomaly (brain atrophy vs. hydrocephalus). This **Domain Shift** is a primary failure mode. The **NOVA** benchmark <sup>39</sup> was introduced to stress-test this, revealing that many models fail when the "semantic" appearance of the scan changes (e.g., different contrast timing), leading to catastrophic false positive rates.

5.2 The 2D vs. 3D Dilemma

Most state-of-the-art models (including SimpleNet) process 3D MRI volumes as independent 2D slices to save memory.<sup>40</sup> This leads to the loss of volumetric context. A structure that looks abnormal in a single slice (e.g., the top of the eye socket) might be obviously normal when viewed in 3D context. While models like **VGDM** <sup>19</sup> and **HUT** <sup>11</sup> introduce 3D attention, they are computationally expensive. The industry is currently seeking efficient 3D backbones (like SimpleSliceNet) that can aggregate slice-level features into a coherent volumetric prediction without exploding memory usage.<sup>40</sup>

5.3 Synthetic Bias

Methods like DRAEM and SimpleNet use synthetic anomalies (noise, cut-paste shapes) during training to define the decision boundary. This introduces a **Synthetic Bias**: the model becomes excellent at detecting anomalies that resemble the synthetic training noise but may miss real pathologies with different textural characteristics (e.g., diffuse infiltrating gliomas that do not look like "Gaussian noise"). Innovations like **Cold Diffusion** and **Disentangled Anomaly Generation (DAG)** <sup>14</sup> aim to generate more biologically plausible synthetic training examples to mitigate this.

6. Conclusion and Future Directions

The field of brain anomaly detection is undergoing a rapid maturation from simple supervised classification to complex, unsupervised generative reasoning. The literature demonstrates a clear bifurcation in methodology: **Feature-based methods** (e.g., SimpleNet) provide the speed and robust localization required for broad screening and triage, while **Diffusion Models** (e.g., THOR, VGDM) offer the high-fidelity anatomical understanding and interpretability necessary for detailed surgical planning and volumetric quantification.

The integration of **Vision Transformers** into these architectures is proving to be a decisive factor, bridging the gap between local texture analysis and global semantic reasoning. The ability of Swin Transformers to model long-range dependencies is helping to solve the locality bias of CNNs, particularly in identifying subtle or diffuse anomalies.

Looking forward, the research points toward **Multimodal Foundation Models and Self-Supervised Learning**. Rather than training small U-Nets on limited datasets, the future lies in training massive Transformers on millions of diverse images (CT, MRI, X-ray) to learn a robust, generalized representation of human anatomy. Combined with **Federated Learning** to address data privacy<sup>41</sup>, these foundation models could enable **Zero-Shot Anomaly Detection**, where a system can identify rare diseases it has never explicitly been trained on, simply by recognizing that they violate the fundamental "grammar" of healthy anatomy.

For clinical translation, the priority must shift from chasing marginal improvements in AUROC to addressing robustness: creating models that are invariant to scanner differences, adaptable to the aging brain, and capable of operating in full 3D context. As computational efficiency improves—exemplified by binary latent diffusion—the prospect of an "always-on" AI co-pilot that highlights potential anomalies in real-time is becoming a tangible reality.

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